

**Backstrom Chiropractic Clinic**  
496 Crescent Blvd.  
Glen Ellyn · IL 60137  
Phone 630·790·2440 · Fax 630·790·4202

## Confidential Patient Health Records / Re-Examination

In accordance with the compliance regulations, it is necessary to update your patient information every 90 days. Please complete the following with as much detail as possible. Thank you.

Date: \_\_\_\_\_

Please complete the following so we can make sure our records are up-to-date:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Family Status: Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Widowed \_\_\_

Last 4 digits of your Social Security #: \_\_\_\_\_ (for Electronic Health records)

E-mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Phone Carrier: \_\_\_\_\_

Please provide your cell phone carrier to receive appointment reminders by text

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## Communications

I authorize Backstrom Chiropractic Clinic staff to communicate and/or leave messages for me at the following locations and with the authorized person/s.

Authorized person's name and relationship to patient:

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home# \_\_\_\_\_ Cell# \_\_\_\_\_ Work# \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Home# \_\_\_\_\_ Cell# \_\_\_\_\_ Work# \_\_\_\_\_

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_  
Incident: \_\_\_\_\_ [office use only]

**RE-EVALUATION**  
**CHIEF COMPLAINT / HISTORY OF PRESENT ILLNESS**

**My present symptoms are (list in order of importance):**

**Chief Complaint**

**Symptom #1 Location:** \_\_\_\_\_

**Associated Symptoms**

Are there any other conditions or symptoms that may be related to your major complaint?

If yes, please explain \_\_\_\_\_

Are there any other unrelated health problems or symptoms?

If yes, please explain \_\_\_\_\_

**Quality (circle what applies)**

**Improvement (circle what applies)** None, Improving

**Symptoms Characterized As (circle what applies)**

Aching, Burning, Constant, Cramping, Intermittent, Localized, Mild, Moderate, Painful to touch,  
Piercing, Severe, Sharp, Shooting, Stabbing, Throbbing, Other \_\_\_\_\_

Does the pain travel or radiate?  Into arm R or L  Into leg R or L  Other \_\_\_\_\_

**Pain/Symptom Scale:**

Rate the level of your pain/symptoms from 0, no pain/no symptoms, to 10, unbearable pain/symptoms:

Circle one: 0 1 2 3 4 5 6 7 8 9 10

**Severity: How frequent is this condition? (circle what applies)**

Acute, Chronic, Occasional, Persistent, Regular

**Condition interferes: (circle what applies) w/Eating, Household Activities, Normal Lifestyle,  
School, Sleeping, Work**

**Duration**

Date the symptom(s) first appeared: \_\_\_\_\_

Are your symptoms a result of an injury or accident?

If yes, what is the date of the accident/injury? \_\_\_\_\_

**Timing**

**Symptoms Onset: (circle what applies)** Abrupt, Gradual onset, Recent onset, Sudden onset

**My pain/symptoms started when:** \_\_\_\_\_

**Exacerbated by: (My pain/symptom gets worse with or when)**

\_\_\_\_\_  
**Improves: (My pain/symptom improves with or when)**

\_\_\_\_\_  
**Worse: (My pain is worse)** End of day, At night, In the morning, Later in the day, Various times

**Context Mechanism of injury:**

**What activity were you doing when your symptoms began?** \_\_\_\_\_

**Modifying Factors:**

**General:** None, difficulty recovering

**Previous Treatment:** no previous treatment, previously treated, treated by another chiropractor,  
treated by another physician

Use next page for additional symptoms and locations, **if applicable**

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_

**Chief Complaint**

**Symptom #2 Location:** \_\_\_\_\_

**Associated Symptoms**

Are there any other conditions or symptoms that may be related to your major complaint?

If yes, please explain \_\_\_\_\_

Are there any other unrelated health problems or symptoms?

If yes, please explain \_\_\_\_\_

**Quality (circle what applies)**

**Improvement (circle what applies)** None, Improving

**Symptoms Characterized As (circle what applies)**

Aching, Burning, Constant, Cramping, Intermittent, Localized, Mild, Moderate, Painful to touch, Piercing, Severe, Sharp, Shooting, Stabbing, Throbbing, Other \_\_\_\_\_

Does the pain travel or radiate?  Into arm R or L  Into leg R or L  Other \_\_\_\_\_

**Pain/Symptom Scale:**

Rate the level of your pain/symptoms from 0, no pain/no symptoms, to 10, unbearable pain/symptoms:

Circle one: 0 1 2 3 4 5 6 7 8 9 10

**Severity: How frequent is this condition? (circle what applies)**

Acute, Chronic, Occasional, Persistent, Regular

**Condition interferes: (circle what applies)** w/Eating, Household Activities, Normal Lifestyle, School, Sleeping, Work

**Duration**

Date the symptom(s) first appeared: \_\_\_\_\_

Are your symptoms a result of an injury or accident?

If yes, what is the date of the accident/injury? \_\_\_\_\_

**Timing**

**Symptoms Onset: (circle what applies)** Abrupt, Gradual onset, Recent onset, Sudden onset

**My pain/symptoms started when:** \_\_\_\_\_

**Exacerbated by: (My pain/symptom gets worse with or when)**

**Improves: (My pain/symptom improves with or when)**

**Worse: (My pain is worse)** End of day, At night, In the morning, Later in the day, Various times

**Context Mechanism of injury:**

**What activity were you doing when your symptoms began?** \_\_\_\_\_

**Modifying Factors:**

**General:** None, difficulty recovering

**Previous Treatment:** no previous treatment, previously treated, treated by another chiropractor, treated by another physician

# PAIN DRAWING

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date symptoms began and/or date of injury: \_\_\_\_\_

1. Please mark **area(s)** of injury or discomfort using the following symbols:

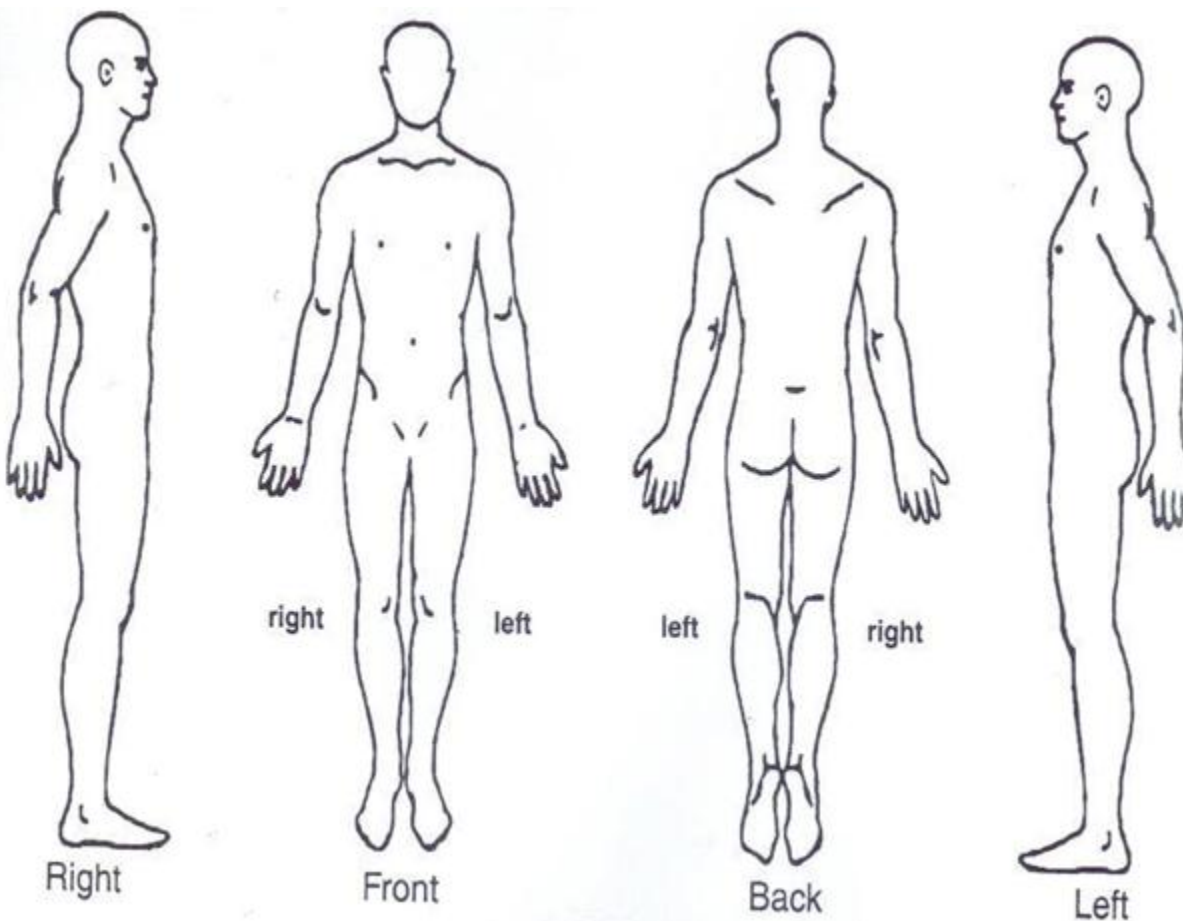
**Type of pain:**

Ache    Dull    Stiffness    Sharp    Stabbing    Shooting    Swelling    Cramping  
 A        D        S        SH        ST        SS        SW        C

Burning    Throbbing    Numbness    Tingling    Other \_\_\_\_\_  
 B            TH            N            T

2. Indicate all scars from surgery or injury using the following symbol: †

3. Circle any area of pain not represented by a symbol.



On a scale of 0-10, please circle the level that most accurately represents your pain.

0 = No pain      10 = Unbearable Pain

Right Now	0	1	2	3	4	5	6	7	8	9	10
Average Pain	0	1	2	3	4	5	6	7	8	9	10
At Best	0	1	2	3	4	5	6	7	8	9	10
At Worst	0	1	2	3	4	5	6	7	8	9	10

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_

**Medical History/Illnesses (Since your last visit)**

\_\_\_\_\_  
\_\_\_\_\_

**Surgeries/Indicate Type and Date of Surgery (Since your last visit)**

\_\_\_\_\_  
\_\_\_\_\_

**Treatments (Since your last visit)**

\_\_\_\_\_  
\_\_\_\_\_

**Immunizations (Since your last visit)**

All patients (65 years and older): Have you ever received a pneumonia vaccination? Y N

**Injuries/Accidents (Since your last visit)**

Description: \_\_\_\_\_ Date: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**OB/GYN History (Since your last visit)**

Women (40-69 years): Date of last mammogram: \_\_\_\_\_  
Are you pregnant? \_\_\_ No \_\_\_ Yes Due Date \_\_\_\_\_

Family History	Diseases in the Family? (Rheumatoid arthritis, Heart Disease, Cancer, Diabetes, MS)	Living or deceased?
Mother		
Father		
Brothers		
Sisters		
Grandmother (maternal)		
Grandfather (maternal)		
Grandmother (paternal)		
Grandfather (paternal)		

**Smoking Status (Check here if same as previous)**

\_\_\_ Never  
\_\_\_ Smoker \_\_\_ Lives with smoker Since age: \_\_\_  
Current every day: \_\_\_ Current some day: \_\_\_  
Former Smoker: \_\_\_ Date Quit: \_\_\_  
\_\_\_ Cigarettes \_\_\_ Cigar \_\_\_ Pipe \_\_\_ Chews \_\_\_ Dips

**PRESCRIPTION MEDICATIONS (Check here if same as previous)**

Current Medications	Dosage in mg.	Times per day
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Allergies** Please indicate any allergies you have to any Medications (Prescription Drugs):

**(Check here if same as previous)**

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_