

**Backstrom Chiropractic Clinic**  
496 Crescent Blvd.  
Glen Ellyn · IL 60137  
Phone 630·790·2440 · Fax 630·790·4202

**Confidential Patient Health Records**

**PATIENT INFORMATION**

**Patient #:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Name: \_\_\_\_\_ Name of Spouse: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Sex:  Female  Male Race: Caucasian  Hispanic  Other: \_\_\_\_\_

Last 4 digits of your Social Security #: \_\_\_\_\_ (required for Electronic Health Record creation and patient access)

Family Status:  Single  Married  Divorced  Widowed # of children \_\_\_\_\_

Referred to this office by: \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ Cell Phone Carrier: \_\_\_\_\_

Please provide your cell phone carrier to receive appointment reminders by text

**EMPLOYMENT INFORMATION**

Employment Status:  Employed  Part-time Student  Full-Time Student Other \_\_\_\_\_

Occupation: \_\_\_\_\_ Employed by: \_\_\_\_\_

**INSURANCE INFORMATION**

**Primary Health Insurance Carrier:** \_\_\_\_\_ ID#: \_\_\_\_\_ Group # \_\_\_\_\_

Insured's Name: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_

**Secondary Health Insurance Carrier:** \_\_\_\_\_ ID#: \_\_\_\_\_ Group # \_\_\_\_\_

Insured's Name: \_\_\_\_\_ Insured's Date of Birth: \_\_\_\_\_

Who is responsible for your bill?  Self-Pay  Spouse  Parent (Guardian)  
 Auto Insurance  Worker's Comp

This is **NOT** a Work-Related or Worker's Compensation injury

This is **NOT** an Auto Accident related injury

This is **NOT** a Personal Injury case currently under litigation

I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate treatment, any fees for professional services rendered me will be immediately due and payable.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_

**INITIAL EVALUATION**  
**CHIEF COMPLAINT / HISTORY OF PRESENT ILLNESS**

**My present symptoms are (list in order of importance):**

**Chief Complaint**

**Symptom #1 Location:** \_\_\_\_\_

**Associated Symptoms**

Are there any other conditions or symptoms that may be related to your major complaint?

If yes, please explain \_\_\_\_\_

Are there any other unrelated health problems or symptoms?

If yes, please explain \_\_\_\_\_

**Quality (circle what applies)**

**Symptoms Characterized As (circle what applies)**

Aching, Burning, Constant, Cramping, Intermittent, Localized, Mild, Moderate, Painful to touch,  
Piercing, Severe, Sharp, Shooting, Stabbing, Throbbing, Other \_\_\_\_\_

Does the pain travel or radiate?  Into arm R or L  Into leg R or L  Other \_\_\_\_\_

**Pain/Symptom Scale:**

Rate the level of your pain/symptoms from 0, no pain/no symptoms, to 10, unbearable pain/symptoms:

Circle one: 0 1 2 3 4 5 6 7 8 9 10

**Severity: How frequent is this condition? (circle what applies)**

Acute, Chronic, Occasional, Persistent, Regular

**Condition interferes: (circle what applies) w/Eating, Household Activities, Normal Lifestyle,  
School, Sleeping, Work**

**Duration**

Date the symptom(s) first appeared: \_\_\_\_\_

Are your symptoms a result of an injury or accident? Yes No

Date of the accident/injury, if applicable: \_\_\_\_\_

**Timing**

**Symptoms Onset: (circle what applies) Abrupt, Gradual onset, Recent onset, Sudden onset**

**My pain/symptoms started when:** \_\_\_\_\_

**Exacerbated by: (My pain/symptom gets worse with or when)**

**Improves: (My pain/symptom improves with or when):**

**Worse: (circle what applies) End of day, At night, In the morning, Later in the day, Various times**

**Context Mechanism of injury:**

**What activity were you doing when your symptoms began?** \_\_\_\_\_

**Modifying Factors:**

**General:** None, Difficulty recovering

**Previous Treatment:** No previous treatment, Previously treated, Treated by another chiropractor,  
Treated by another physician

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_

**Chief Complaint**

**Symptom #2 Location, if applicable:** \_\_\_\_\_

**Associated Symptoms**

Are there any other conditions or symptoms that may be related to your major complaint?

If yes, please explain \_\_\_\_\_

Are there any other unrelated health problems or symptoms?

If yes, please explain \_\_\_\_\_

**Quality (circle what applies)**

**Symptoms Characterized As (circle what applies)**

Aching, Burning, Constant, Cramping, Intermittent, Localized, Mild, Moderate, Painful to touch, Piercing, Severe, Sharp, Shooting, Stabbing, Throbbing, Other \_\_\_\_\_

Does the pain travel or radiate?  Into arm R or L  Into leg R or L  Other \_\_\_\_\_

**Pain/Symptom Scale:**

Rate the level of your pain/symptoms from 0, no pain/no symptoms, to 10, unbearable pain/symptoms:

Circle one: 0 1 2 3 4 5 6 7 8 9 10

**Severity: How frequent is this condition? (circle what applies)**

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**Duration**

Date the symptom(s) first appeared: \_\_\_\_\_

Are your symptoms a result of an injury or accident? Yes No

Date of the accident/injury, if applicable: \_\_\_\_\_

**Timing**

**Symptoms Onset: (circle what applies)** Abrupt, Gradual onset, Recent onset, Sudden onset

**My pain/symptoms started when:** \_\_\_\_\_

**Exacerbated by: (My pain/symptom gets worse with or when)**

\_\_\_\_\_  
**Improves: (My pain/symptom improves with or when):**

\_\_\_\_\_  
**Worse: (circle what applies)** End of day, At night, In the morning, Later in the day, Various times

**Context Mechanism of injury:**

**What activity were you doing when your symptoms began?** \_\_\_\_\_

**Modifying Factors:**

**General:** None, Difficulty recovering

**Previous Treatment:** No previous treatment, Previously treated, Treated by another chiropractor, Treated by another physician

# PAIN DRAWING

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date symptoms began and/or date of injury: \_\_\_\_\_

1. Please mark **area(s)** of injury or discomfort using the following symbols:

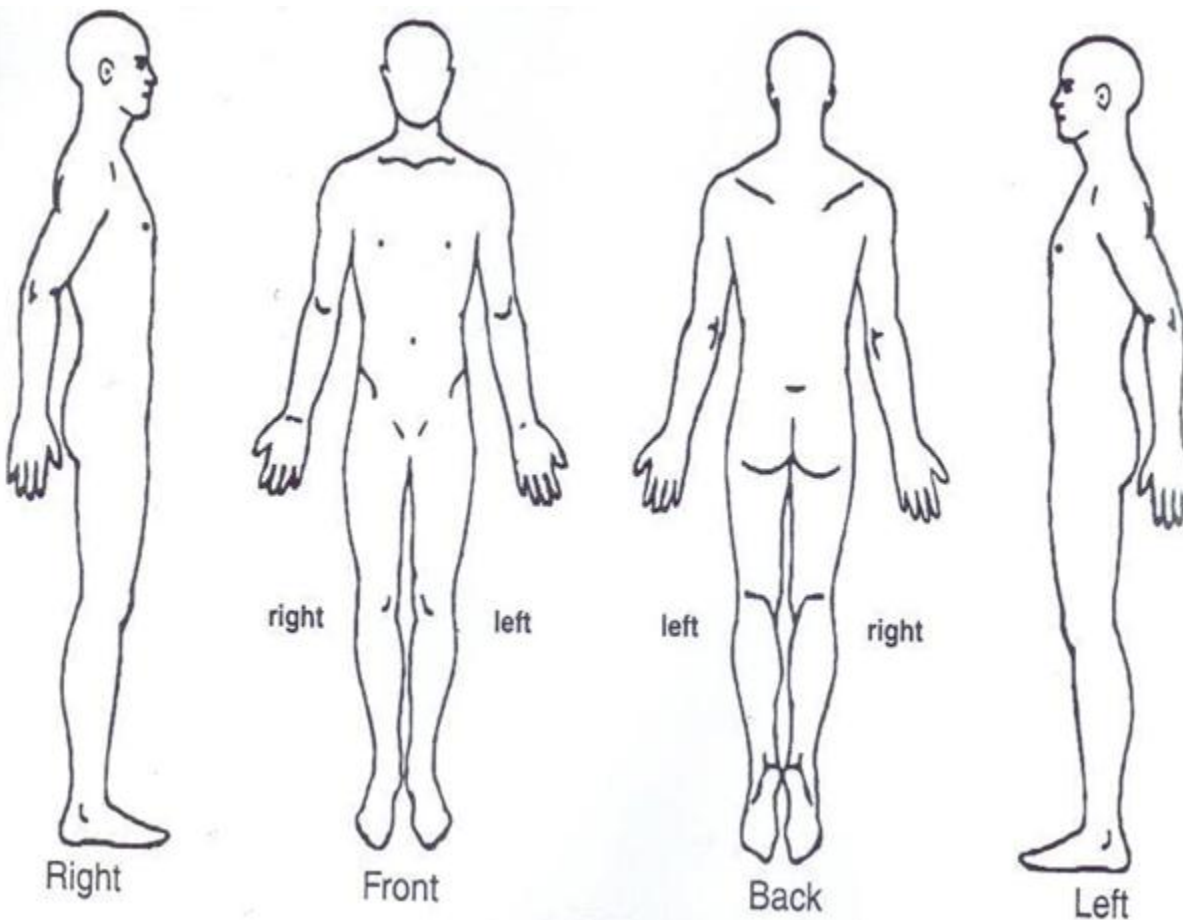
**Type of pain:**

Ache    Dull    Stiffness    Sharp    Stabbing    Shooting    Swelling    Cramping  
 A        D        S        SH        ST        SS        SW        C

Burning    Throbbing    Numbness    Tingling    Other \_\_\_\_\_  
 B            TH            N            T

2. Indicate all scars from surgery or injury using the following symbol: †

3. Circle any area of pain not represented by a symbol.



On a scale of 0-10, please circle the level that most accurately represents your pain.

0 = No pain      10 = Unbearable Pain

|              |   |   |   |   |   |   |   |   |   |   |    |
|--------------|---|---|---|---|---|---|---|---|---|---|----|
| Right Now    | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Average Pain | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At Best      | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| At Worst     | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Patient Name: \_\_\_\_\_ Patient #: \_\_\_\_\_ Date: \_\_\_\_\_

**Medical History/Illnesses**

\_\_\_\_\_  
\_\_\_\_\_

**Surgeries/Indicate Type and Date of Surgery**

\_\_\_\_\_  
\_\_\_\_\_

**Treatments (chiropractic, physical therapy, etc.)**

\_\_\_\_\_  
\_\_\_\_\_

**Immunizations** All patients (65 years and older): Have you ever received a pneumonia vaccination? Y N

**Injuries/Accidents**

Description: \_\_\_\_\_ Date: \_\_\_\_\_  
\_\_\_\_\_

**OB/GYN History**

Women (40-69 years): Date of last mammogram: \_\_\_\_\_

Are you pregnant?  No  Yes Due Date \_\_\_\_\_

| <b>Family History</b>  | <b>Diseases in the Family?<br/>(Rheumatoid arthritis, Heart<br/>Disease, Cancer, Diabetes, MS)</b> | <b>Living or deceased?</b> |
|------------------------|--|----------------------------|
| Mother                 |  |                            |
| Father                 |  |                            |
| Brothers               |  |                            |
| Sisters                |  |                            |
| Grandmother (maternal) |  |                            |
| Grandfather (maternal) |  |                            |
| Grandmother (paternal) |  |                            |
| Grandfather (paternal) |  |                            |

**Smoking Status**

Never  
 Smoker  Lives with smoker Since age: \_\_\_\_\_  
Current every day:  Current some day:   
Former Smoker:  Date Quit: \_\_\_\_\_  
 Cigarettes  Cigar  Pipe  Chews  Dips

**PRESCRIPTION MEDICATIONS** **Dosage in mg.** **Times per day**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Allergies** Please indicate any allergies you have to any Medications (Prescription Drugs):

Medication: \_\_\_\_\_ Reaction: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_